

# Calendar of Indoor Seeding and Outdoor Transplanting

My average date of last frost is May 26. I spread my seed starting over the spring months based on that date.

You can adjust this calendar earlier or later based on your last frost free date.

For instance, if your last frost free date is May 15, you should seed early cabbage indoors in Late March, harden in Late April, and transplant in Early May.

<u>Date (Week of)</u> Crop									Average Frost Free Date		
<b>Leeks</b> <b>Onions</b>	Seed indoors					Harden	Transplant				
<b>Parsley</b>		Seed indoors				Harden	Transplant				
<b>Peppers</b> <b>Eggplant</b>			Seed indoors					Harden	Transplant*		
<b>Tomatoes</b>			Seed indoors	Seed Indoors		Harden	Transplant*				
<b>Lettuce</b>				Seed (1) indoors		Seed (2) indoors	Harden (1)	Transplant (1)	Transplant (2)		
<b>Cabbage</b> <b>Broccoli (early)</b> <b>Kale</b> <b>Swiss Chard</b>				Seed indoors			Harden	Transplant			
<b>Melons</b> <b>Winter squash</b> <b>Zucchini</b> <b>Cucumber</b> <b>Basil</b>							Seed indoors		Harden		Transplant
<b>Cabbage</b> <b>Broccoli (late)</b>									Seed indoors		Transplant

# Spring Schedule of Outdoor Seed Sowing

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<b>Very Hardy</b>	<b>Hardy</b>	<b>Semi-Hardy</b>	<b>Tender</b>	<b>Heat-Loving</b>
<b>Sow 5-7 weeks before last frost</b>	<b>Sow 2-3 weeks before last frost</b>	<b>Sow 1-2 weeks before last frost</b>	<b>Sow on or just after last frost</b>	<b>Sow 1-2 weeks after last frost</b>
Leeks Onions (seeds/sets) Peas Spinach Dill Garlic (plant in fall) Shallots	Lettuce Mustard Turnip Greens Chervil Coriander Parsley	Beets Carrots Parsnips Radishes Broccoli* Brussels Sprouts* Cabbage* Cauliflower* Kale Kohlrabi Swiss Chard Potatoes	Beans Corn Pumpkin Summer Squash Winter Squash Zucchini	Cucumber Lima Beans Eggplants* Tomatoes* Peppers* Cantaloupe* Watermelon* Peanuts Sweet Potatoes

\* Best as transplants

# Summer Schedule of Outdoor Seed Sowing

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<b>Sow 10-12 weeks before fall frost</b>	<b>Sow 8 weeks before fall frost</b>
Beets Carrots Chinese Cabbage Endive Radicchio Rutabaga	Bok choy Lettuce Oriental radish Snow peas Spinach Turnips