

## 7 Easy Natural Cleaner Recipes

### All-Purpose EO Spray Cleaner Recipe

- ¼ C white vinegar
- 2 C water
- 30 drops essential oil

*Essential Oils To Try:*

*15 drops each lavender & lemon*

*10 drops each eucalyptus, peppermint, and wild orange*

*30 drops OnGuard*

Add all ingredients to a spray bottle. Shake thoroughly before spraying.

*Note: All the essential oils used/suggested in these recipes have anti-microbial properties. The specific oils suggested for each recipe work well, but if you greatly prefer the scent of one EO over another or have only specific EOs on hand, substitutions of the oils listed on this page are okay.*

### EO Floor Cleaner Recipe

- 1 gallon of hot water
- 2 T liquid castile soap or saponified coconut oil soap
- 15 drops Wild Orange essential oil
- 8 drops Lemon essential oil

Combine in a large bucket. Use a mop or rag to clean the floor. Rinsing optional.

### EO Glass Cleaner Recipe

- 1 C. water
- 1/8 C. vinegar
- 10-15 drops lemon essential oil

Pour ingredients into a spray bottle, and shake to blend, apply and wipe clean.

### EO Toilet Bowl Cleaner Recipe

- 1 ½ C white vinegar in a spray bottle
- 1 C baking soda
- ¼ C Salt (optional)
- 10 drops melaleuca essential oil

Mix baking soda and salt together. Add the oils to the vinegar. Spray the inside of the toilet bowl with the vinegar mixture, and then sprinkle on the powder. It should be fizzy; if it is not, spray a bit more vinegar. Let cleanser sit 10-15 min. before scrubbing with a brush. Flush.

### EO Tile, Grout, and Tub Cleaner Recipe

- 1/8 C castile soap or saponified coconut oil soap
- 1/8 C water
- ½ C baking soda
- 10 drops eucalyptus essential oil

Mix all the ingredients together. You can add more water depending on how thin or thick you want the mixture to be. Paint on with foam craft brush (or your hand if you want to). Let sit for 15 – 20 min. Get it wet with a spray bottle, scrub with a scouring pad, and wipe clean with a wet cloth.

### EO Air Freshener

You can easily use a diffuser to disperse the aroma of essential oils in your home or you can also use a spray bottle.

15 drops essential oil

Mix with water in a spray bottle.

*Essential Oils To Try:*

*Lemon \* Lavender \* Peppermint*

*Or a combination of all three*

### EO Carpet Freshener

1-2 C baking soda (depending on the area you'll be sprinkling it on)  
15-30 drops essential oil

Mix in a container with a sprinkle top or one you can make holes in to create your own sprinkle top. A large yogurt tub works well. Sprinkle on the carpet. Let sit overnight and then vacuum.

*Essential Oils To Try:*

*Lemon \* Peppermint \* Lavender \* Wild Orange*

*Purify \* Citrus Bliss*



# 7 Easy Natural Cleaner Recipes with Essential Oils